

CALLERLAB (NEW) MAINSTREAM PROGRAM

Effective September 1, 2026

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| <ol style="list-style-type: none">1. Circle Family<ol style="list-style-type: none">a. Circle Left/Right (1/4, 1/2, 3/4, Full)b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full)c. Single Circle Left/Right (1/4, 1/2, 3/4, Full)2. Dosado / Forward and Back3. Promenade Family<ol style="list-style-type: none">a. Couples Promenadeb. <i>Single File Promenade</i>c. <i>Star Promenade</i>d. <i>Wrong Way Promenade</i>4. Arm Turn Family<ol style="list-style-type: none">a. Right/Left Arm Turnb. Allemande Left/Right5. Star Right / Left6. Right and Left Grand Family<ol style="list-style-type: none">a. Right and Left Grandb. <i>Weave the Ring</i>c. <i>Wrong Way Grand</i>7. Pass Thru8. Wheel Around / <i>Reverse Wheel Around</i>9. Courtesy Turn10. Right and Left Thru11. Swing12. Ladies Chain Family<ol style="list-style-type: none">a. Ladies Chain, (<i>Ladies Chain 3/4</i>)b. Four Ladies Chain, (<i>Chain 3/4</i>)c. <i>Chain Down the Line</i>13. Half Sashay Family<ol style="list-style-type: none">a. <i>Half Sashay</i>b. <i>Rollaway</i>c. Ladies In, Men Sashay14. Turn Back Family<ol style="list-style-type: none">a. U-Turn Backb. Backtrack15. Separate Family<ol style="list-style-type: none">a. <i>Separate</i>b. Separate Around 1 or 2 to a linec. <i>Separate Around 1 or 2 into the middle</i>16. Lead Right / Lead Left17. Veer Left / Veer Right18. Star Thru19. Circulate Family<ol style="list-style-type: none">a. Couples Circulateb. (Named Dancers) Circulatec. <i>All Eight Circulate</i>d. <i>Single File (Column) Circulate</i>e. <i>Box/Split Circulate</i>20. Bend the Line | <ol style="list-style-type: none">21. Square Thru / Left Square Thru22. Split Two23. Grand Square24. Double Pass Thru25. First Couple Go Left/Right,
Next Couple Go Right/Left26. Wheel and Deal27. California Twirl28. Slide Thru29. Dive Thru30. Box the Gnat31. Ocean Wave Family<ol style="list-style-type: none">a. Alamo Styleb. Balancec. Step to a Waved. <i>Dosado to a Wave</i>e. <i>Single Circle to a Wave</i>32. Trade Family<ol style="list-style-type: none">a. Couples Tradeb. (Named Dancers) Tradec. Right/Left Hand Traded. Partner Trade33. Swing thru / <i>Left Swing Thru</i>34. Run / <i>Cross Run</i>35. Pass the Ocean36. Extend37. Flutterwheel / Reverse Flutterwheel38. Sweep a Quarter39. Trade By40. Ferris Wheel41. Zoom42. Touch a Quarter43. Hinge Family<ol style="list-style-type: none">a. Single Hingeb. Couples Hinge44. Centers In45. Cast Off Three-Quarters46. Spin the Top47. Scoot Back48. Fold / Cross Fold49. Tag the Line Family<ol style="list-style-type: none">a. Tag the Line (In / Out / Left / Right)b. Fraction (1/4, 1/2, 3/4) Tag50. Recycle (From Waves Only) |
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CALLERLAB (NEW) PLUS PROGRAM

Effective September 1, 2026

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| <ol style="list-style-type: none">1. Acey Deucey2. Cloverleaf3. Ping Pong Circulate4. Turn Thru5. Pass to the Center6. Spin Chain Thru7. Scoot & Dodge8. Pair Off9. Teacup Chain10. Dixie Style to an Ocean Wave11. Walk Around the Corner12. See Saw13. Load the Boat14. 1/4 Thru / 3/4 Thru / Grand 1/4 Thru / Grand 3/4 Thru15. Walk & Dodge16. Spin Chain the Gears17. Grand Swing Thru18. Triple Scoot19. Track 220. (anything) & Roll21. Diamond Circulate22. Pass the Sea23. Flip the Diamond24. Follow Your Neighbor25. Cut the Diamond | <ol style="list-style-type: none">26. Thar Family<ol style="list-style-type: none">a. Allemande Tharb. Allemande Left to an Allemande Tharc. Wrong Way Thar27. Slip the Clutch28. Triple Trade29. Shoot the Star / Shoot the Star Full Around30. Peel Off31. Coordinate32. (anything) & Spread33. Fan the Top34. Relay the Deucey35. Partner Tag36. Dixie Grand37. Explode the Wave38. Crossfire39. Explode & (anything)40. Partner Hinge41. Spin Chain & Exchange the Gears42. Linear Cycle43. Peel the Top44. Circle to a Line45. Chase Right46. Clover & (anything)47. Trade the Wave48. Eight Chain Thru / Eight Chain 1, 2, 3, Etc.49. All 8 Spin the Top50. Do Paso |
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