

# CALLERLAB (NEW) MAINSTREAM PROGRAM

*Effective September 1, 2026*

1. Circle Family <ul style="list-style-type: none"> <li>a. Circle Left/Right (1/4, 1/2, 3/4, Full)</li> <li>b. Circle of 4 Left/Right (1/4, 1/2, 3/4, Full)</li> <li>c. Single Circle Left/Right (1/4, 1/2, 3/4, Full)</li> </ul>	21. Square Thru / Left Square Thru
2. Dosado	22. Split Two
3. Promenade Family <ul style="list-style-type: none"> <li>a. Couples Promenade</li> <li>b. <i>Single File Promenade</i></li> <li>c. <i>Star Promenade</i></li> <li>d. <i>Wrong Way Promenade</i></li> </ul>	23. Grand Square
4. Arm Turn Family <ul style="list-style-type: none"> <li>a. Right/Left Arm Turn</li> <li>b. Allemande Left/Right</li> </ul>	24. Double Pass Thru
5. Star Right / Left	25. First Couple Go Left/Right, Next Couple Go Right/Left
6. Right and Left Grand Family <ul style="list-style-type: none"> <li>a. Right and Left Grand</li> <li>b. <i>Weave the Ring</i></li> <li>c. <i>Wrong Way Grand</i></li> </ul>	26. Wheel and Deal
7. Pass Thru	27. California Twirl
8. Wheel Around / <i>Reverse Wheel Around</i>	28. Slide Thru
9. Courtesy Turn	29. Dive Thru
10. Right and Left Thru	30. Box the Gnat
11. Swing	31. Ocean Wave Family <ul style="list-style-type: none"> <li>a. Alamo Style</li> <li>b. Balance</li> <li>c. Step to a Wave</li> <li>d. <i>Dosado to a Wave</i></li> <li>e. <i>Single Circle to a Wave</i></li> </ul>
12. Ladies Chain Family <ul style="list-style-type: none"> <li>a. Ladies Chain, (<i>Ladies Chain 3/4</i>)</li> <li>b. Four Ladies Chain, (<i>Chain 3/4</i>)</li> <li>c. <i>Chain Down the Line</i></li> </ul>	32. Trade Family <ul style="list-style-type: none"> <li>a. Couples Trade</li> <li>b. (Named Dancers) Trade</li> <li>c. Right/Left Hand Trade</li> <li>d. Partner Trade</li> </ul>
13. Half Sashay Family <ul style="list-style-type: none"> <li>a. <i>Half Sashay</i></li> <li>b. <i>Rollaway</i></li> <li>c. Ladies In, Men Sashay</li> </ul>	33. Swing thru / <i>Left Swing Thru</i>
14. Turn Back Family <ul style="list-style-type: none"> <li>a. U-Turn Back</li> <li>b. Backtrack</li> </ul>	34. Run / <i>Cross Run</i>
15. Separate Family <ul style="list-style-type: none"> <li>a. <i>Separate</i></li> <li>b. Separate Around 1 or 2 to a line</li> <li>c. <i>Separate Around 1 or 2 into the middle</i></li> </ul>	35. Pass the Ocean
16. Lead Right/Left	36. Extend
17. Veer Left/Right	37. Flutterwheel / Reverse Flutterwheel
18. Star Thru	38. Sweep a Quarter
19. Circulate Family <ul style="list-style-type: none"> <li>a. Couples Circulate</li> <li>b. (Named Dancers) Circulate</li> <li>c. <i>All Eight Circulate</i></li> <li>d. <i>Single File (Column) Circulate</i></li> <li>e. <i>Box/Split Circulate</i></li> </ul>	39. Trade By
20. Bend the Line	40. Ferris Wheel
	41. Zoom
	42. Touch a Quarter
	43. Hinge Family <ul style="list-style-type: none"> <li>a. Single Hinge</li> <li>b. Couples Hinge</li> </ul>
	44. Centers In
	45. Cast Off Three-Quarters
	46. Spin the Top
	47. Scoot Back
	48. Fold / Cross Fold
	49. Tag the Line Family <ul style="list-style-type: none"> <li>a. Tag the Line (In / Out / Left / Right)</li> <li>b. Fraction (1/4, 1/2, 3/4) Tag</li> </ul>
	50. Recycle (From Waves Only)

# CALLERLAB (NEW) PLUS PROGRAM

*Effective September 1, 2026*

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| <ol style="list-style-type: none"><li>1. Do Paso</li><li>2. Walk Around</li><li>3. See Saw</li><li>4. Circle to a Line</li><li>5. Cloverleaf</li><li>6. Turn Thru</li><li>7. Eight Chain Thru / Eight Chain 1, 2, 3, Etc.</li><li>8. Pass to the Center</li><li>9. Thar Family<ol style="list-style-type: none"><li>a. Allemande Thar</li><li>b. Allemande Left to an Allemande Thar</li><li>c. Wrong Way Thar</li></ol></li><li>10. Slip the Clutch</li><li>11. Shoot the Star / Shoot the Star Full Around</li><li>12. Walk and Dodge</li><li>13. Dixie Style to an Ocean Wave</li><li>14. Spin Chain Thru</li><br/><li>15. Pair Off</li><li>16. Pass the Sea</li><li>17. Quarter Thru / Three-Quarter Thru /<br/>Grand Quarter Thru / Grand Three-Quarter Thru</li><li>18. Scoot &amp; Dodge</li><li>19. Clover and (Anything)</li><li>20. Partner Hinge</li><li>21. Partner Tag</li><li>22. Triple Trade</li></ol> | <ol style="list-style-type: none"><li>23. Acey Deucey</li><li>24. Teacup Chain</li><li>25. Ping Pong Circulate</li><li>26. Load the Boat</li><li>27. Peel Off</li><li>28. Linear Cycle (From Waves Only)</li><li>29. Coordinate</li><li>30. (Anything) &amp; Spread</li><li>31. Spin Chain the Gears</li><li>32. Track 2</li><li>33. (Anything) &amp; Roll</li><li>34. Follow Your Neighbor</li><li>35. Fan the Top</li><li>36. Explode the Wave</li><li>37. Explode &amp; (Anything) (From Waves Only)</li><li>38. Relay the Deucey</li><li>39. Peel the Top</li><li>40. Diamond Circulate</li><li>41. Trade the Wave</li><li>42. Flip the Diamond</li><li>43. Grand Swing Thru</li><li>44. Crossfire</li><li>45. All 8 Spin the Top</li><li>46. Cut the Diamond</li><li>47. Chase Right</li><li>48. Dixie Grand</li><li>49. Spin Chain &amp; Exchange the Gears</li><li>50. Triple Scoot</li></ol> |
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